

# Information Sheet: Community Health Research

February 2022

## **Who is commissioning this research?**

Community Waikato have commissioned Origin Research Trust (Origin) to complete this work. Community Waikato works alongside community groups and organisations to strengthen capacity, capability, and enhance community impact. Origin is a charitable trust that provides research and evaluation for community organisations to help them better benefit the communities that they serve. Further information about Origin can be found at [www.originresearchtrust.org](http://www.originresearchtrust.org)

## **Project background and information sought.**

This research is commissioned in response to the challenges identified by Community Health Organisations in the Waikato (CHOs). These challenges include an increasing need for services, under-resourcing of the sector, volunteer fatigue, and a change in focus of funding priorities for many traditional grant-making organisations. With this, Community Waikato have commissioned this research to review how the CHOs in the region can operate in a sustainable way in the future and best serve their communities. As such this research will seek to explore the following questions

- What role do Community Health Organisations (CHOs) play in the communities they serve? How can this work be optimised and sustained?
- What value are CHOs providing to their communities?
- What is the need for CHOs in the community?

## **Who can participate?**

In order to gain a breadth of perceptions, we are inviting the following audiences to participate in this research:

- Small to medium CHOs within the Waikato region
- Clinicians who work with/alongside CHOs
- Philanthropic funders
- Patients/ whānau who currently access, or could potentially access, CHO services

## **Project requirements from participants**

This research is being completed via qualitative research using in-depth interviews. In depth interviews are one-on-one semi-structured discussions between a participant and a trained interviewer, however participants can bring a support person, if required.

Participants will be required to participate in an interview that may last up to one hour. Due to Covid-19, these interviews will be undertaken on either Zoom or via Telephone. We will ensure that we have appropriate breaks as needed throughout the interview.

You will be given a small koha of \$50 for your time.

### **Participants rights**

You are under no obligation to accept this invitation to be involved in this research. If you decide to participate, you have the right to: withdraw from the study at any point; ask any questions about the research at any time during participation; decline to answer any particular question (or reflect on any particular issue); provide information on the understanding that your name will not be used unless you give permission to the research team. When the project is concluded, you will receive a summary of the results and a review of intended actions with the research findings.

If you have been referred by an organisation to participate in this research, please note that your involvement in this research is in no way linked to and will not affect any involvement that you or others may have with any of the support organisations. Your responses will be kept confidential and will not be passed on to the support organisation.

### **Information use and publication**

The findings from this work will be delivered in a full written document. Findings from this work will be based on aggregated data and will not be linked to individuals; however the report may include quotations from participants to exemplify the findings, this will be anonymized and any identifying features will be omitted.

### **Communication of findings to participants**

As this work will be made publicly available, participants will be made aware once the findings have been published and will be sent a link to access the full report. Participants will be informed by their preferred contact method (phone, email, or text). The report will be available online, however a hard copy of the report can be made available upon request.

### **Privacy and confidentiality of data**

All information participants provide is anonymous with no identifying features used in the publication of the research results. Any responses that are provided are for research purposes only, individual responses will also not be disclosed to the referring CHO, nor will participation in the project. We combine the information provided to produce aggregated research results, and these results do not identify any individual.

This work will not identify specific health conditions. Participants in the research will only be identified as a patient or participant in general, with no further details of their health conditions or the support group they access.

A participant's personal information will be held by us (Origin) in accordance with the Privacy Act 1993. We will use your personal information for the purposes for which it is collected, i.e., the research project. We will not use or disclose a participant's personal information for any other purpose without their prior consent (except where such use or disclosure is required or permitted by law). We do not use personal information provided in for marketing purposes or other commercial purposes.

### **Security and storage of data**

We will take all reasonable steps to keep information collected secure. All data will be recorded electronically and securely stored for a period of 2 years. Participants can request access to, and correction of, any personal information that is held about them at any time throughout this period.

### **Research contacts and support**

If you have any queries about the research: The principal researchers involved in this work are Lucy Taua'i and Natalie Richards; both Lucy and Natalie can be reached at [info@originresearchtrust.org](mailto:info@originresearchtrust.org).

If you have any concerns about the research or processes discussed, Holly Snape will act as a Research Support Liaison to assist in any queries or questions that participants have about this research. She can be reached at [holly@communitywaikato.org.nz](mailto:holly@communitywaikato.org.nz)

### **COVID-19**

We understand that this can be a difficult time and that COVID-19 can add additional stress and anxiety to many people in the community. There are a range of supports that are available, a few are listed below:

Depression helpline: Free call 0800 111 757 or text 8681

Alcohol Drug Helpline: Free call 0800 787 797 or text 8681

Gambling Helpline: Free call 0800 654 655 or text 8006

OUTLine: Free call 0800 688 5463 (OUTLINE) – confidential telephone support for people in the rainbow community, available evenings from 6pm–9pm.

Anxiety Helpline: free call 0800 269 4389 (0800 ANXIETY)

Vaka Tautua: free call 0800 652 353 (0800 Ola Lelei) for services offered in the languages of Samoa, Tongan, Cook Islands, Māori or English. Available Monday through to Friday 8.30am to 5pm.

Further resources about mental health and wellbeing can be found here: <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-health-advice-public/covid-19-mental-health-and-wellbeing-resources>

*[This research has been assessed and approved by the New Zealand Ethics Committee (NZEC21\_47). If you have any questions or concerns, please contact the Manager of NZEC, Dr Keely Blanch, on [manager@nzethics.com](mailto:manager@nzethics.com)]*